

## FOR IMMEDIATE RELEASE

Thursday, May 7, 2009

### 5 DAY WORKSHOP ON WOMEN'S LEADERSHIP

*Santa Fe, NM*— Nina Simons and Toby Herzlich will present the 2009 Cultivating Women's Leadership Training this August, designed for women looking to strengthen skills to accelerate progressive change in their communities and the Southwest. The participants will learn how powerfully women can strengthen each other, while exploring the unique qualities and opportunities that women bring to leadership.



This experiential training will involve cultivating practical skills such as:

- Developing a stronger connection to purpose, the source of authentic leadership
- Exploring the nature of shared leadership
- Practicing reclaiming inner authority
- Cultivating a practice of inner reflection to better align intentions and behavior
- Investigating challenges with competition, power, self-limiting stories and internalized oppression
- Exploring how to most effectively transform oneself and the world at large

Last year's participants spanned three generations, and their work ranged from youth education and community organizing to health care, environment, water, farming, and indigenous culture and food

One former participant noted "I learned the true meaning behind community: the coming together, sharing, dividing, respecting, validating, sustaining and power within groups. I will take this back with me to continue to weave our world together."

This 5-day retreat will be offered by Rockwood Leadership trainer Toby Herzlich and Bioneers' co-founder Nina Simons. Nina helped start Bioneers in 1990 to advance positive change by featuring leading scientific and social innovators with innovative solutions to our most pressing challenges.

**WHAT:** 2009 Cultivating Women's Leadership Training

**WHERE:** Ocamora Retreat Center, New Mexico

Ocamora lies near the historic village of Ocate, New Mexico, where the foothills of the Rocky Mountains meet the Great Plains. The area is steeped in Indian, Hispanic and Anglo pioneer history. Just east of Ocate lies the mountain route of the famous Santa Fe Trail. Situated in a lush mountain valley at 7500 feet, Ocamora comprises 265 acres of pristine wilderness surrounded by hillsides green with oak and pine.

[www.ocamora.org](http://www.ocamora.org)

**WHEN:** August 18-23, 2009

**COST:** \$200 - \$2650

Fees are on a sliding scale and scholarships are still available with preference given to lower income women and women of color from New Mexico. For more information or to receive an application, please email [felicia@bioneers.org](mailto:felicia@bioneers.org)

*Bioneers provides a forum and social hub for education about solutions presented through the Bioneers Conference and our programs. Our media productions leverage this content to reach millions of people around the nation and the world through our award-winning radio series; anthology book series; television programs; and our interactive website. We act as a key source for the media, including third-party films and the press. Our DVDs, CDs and other educational materials are also used by colleges and schools and by community-based and other organizations to inform and inspire positive change at the local level.*

<http://connect.bioneers.org/group/womensleadership>

### INTERVIEWS AND IMAGES ARE AVAILABLE UPON REQUEST

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